

The Business of Fitness

Participant's Questionnaire

Name

Address

Email

Mobile tel no

What fitness discipline are you trained/training to teach?
(e.g. yoga, Pilates, p/t, barre etc)

What experience do you have teaching fitness to date?
(e.g. weeks, months, none, in a studio, one-to-one, stand-in teacher, not practicing, side hustle, still learning)

If you have previously worked in other industries/fields, please briefly list these below

Looking ahead, what are your ambitions in the fitness industry?

Have you seen other fitness professionals or businesses that you admire? Who are they and why have they caught your attention?

How did you hear about *The Business of Fitness* workshop?



Are there any particular areas you would like to ensure the workshop covers - within its general framework, rather than specifically?

What one thing do you believe is holding you back from realising your ambitions?

The workshop will supply you with a light lunch and refreshments, do you have any particular dietary needs?

(Sadly due to the premises where the workshop is held, we are unable to cater for those with extreme allergies.)